



Set 4 Descriptions

1. **Dancing Light Spirit** *Calypso bulbosa* var. *occidentalis*

Positive effect: This essence is a blueprint and a gateway for us to call the spirits of nature forth to be examples of mutable and transformative expressions, listen, perceive and follow their lead.

Indications: No negative conditions. Enhances ability to traverse between the worlds, to explore mutable form.

Qualities: We dance into form, we dance into spirit from form and all the while we are. We embody the intention of fluidity, of the whispering winds and the wispy clouds. Spirits of nature take and relinquish form with the same ease as we do breathe. Form is but one representation of who and what we are. This essence is a blueprint and a gateway for us to call the spirits of nature forth to be examples of mutable and transformative expressions.

2. **Lucid Dreaming** *Angraecum eburneum* var. *typicum*

Positive effect: Passing through layers of awareness. De-constructs terror. Guided exploration inward. Piercing illusions. Awakening from the dreams.

Indications: Terror, fear, misgiven beliefs, anxiety that seems nebulous yet pervasive. Take this essence when you sleep, awaken for the day, journey, meditate; desire to awaken into conscious lucidity.

Qualities: This essence brings forth the power of that which lies hidden beneath the surface of cognizant thoughts. It lingers in the back ground wanting to follow thoughts through to the surface of the mind. It reaches for your awareness in the night; in places where you hide in darkness within; in the places where you took refuge and forgot to bring your thoughts back from. It is your companion for exploring forgotten places and those yet to be explored. The vast unknown is larger than you can ever know and yet you may go exploring there. The journey into the vast unknown takes you traveling between form and formlessness into a place of alchemy.

3. **Earth Mother Nurtures** (Environmental essence)

Positive effect: Earth Mother draws you into renewal as the essence stimulates the opening of energies in your feet so you can receive nurturing with each step and each stance. Opening to the warm embrace of the great mother.

Indications: Needing to be nurtured, feeling depleted, tired, drained, exhausted. Desiring connection with Earth Mother. Wanting to feel comfortable in nature.

Qualities: Earth Mother is a collective of compassionate, enlightened beings, with a capacity for compassion that is unfathomable. They merge with the form of earth to nurture all beings with form who dwell here. They do so with infinite compassion and love to assist us in our journey towards enlightenment; they know that ultimately we all journey together. This essence is an invitation; a welcoming to feel the heart of the earth within yourself.

4. **Manifesting Thought Forms** *Paphiopedilum Leeanum* *superbum*

Positive effect: Awareness of one's co-creative ability to focus intention with attention. Focusing on thought forms in attunement with co-creative process to bring the sparks of desire into manifestation.

Indications: Desire to play in the stuff of creation; to step into one's co-creative place in life.

Qualities: With this essence for support draw into your sphere of attention the focus, the thought forms you desire to manifest. Hold your intention in your sphere of attention. Notice it but do not labor for it. The co-creative process has begun, you alone do not create the manifest; you are the holder of the thoughts as they form; many aspects of consciousness flow through your field and feel the intentions held there, to which they respond. You will not be aware for the most part of all the contributions for the manifestation of the thought forms which you hold; they are a creative dance, flow in response to the intentions you hold.

5. **My Song Calls Me Home** *Phragmipedium amazonica* (syn. *richteri*)

Positive effect: Relocation of "lost" facets of the subtle bodies. Assistance with pulling oneself together.

Indications: Sometimes there is pain which is physically unaccountable. When fear reaction results in out of body flight. For those who feel they have lost some aspect of self, sensing that one is not all here and feeling the need to collect oneself fully.

Qualities: When using this essence you are sending out a call for self location. Devic intentions direct the songs outward from your manifest self traveling the light paths that trail you, just as light from stars travels, so does your own, leaving behind a trail to be followed. The light path you have left behind will lead to your "lost" facets of self. You can always trace yourself, no part of you is ever lost. The call is my song vibrating along my traveled pathways.

6. **Graceful Transformations** *Masdevallia coccinea* var. *harryana*

Positive effect: This essence affects the many layers of the subtle bodies for completing transformational phases. For smooth and graceful transformations.

Indications: When change is difficult, feels awkward. Inflexibility to change. When ready to embark on new phases of existence and to not be held back by form and habits of previous phases.

Qualities: There are layers of oneself which come to need discarding, rewiring and new alignment. At times this comes on suddenly as transformation can take quick turns. When transcending to higher octaves of self one cannot fully go through into the new levels when weighted down with the old accustomed anchors. Form is meant to be flexible, to express anew. A caterpillar makes a cocoon wherein it transforms into a butterfly. You, in essence do the same; we assist you in discarding the disused energies, thought forms, emotional patterns etc., we help to fit you with the new forms of Self you are manifesting.

7. **I am In my Body / Expansive Embodiment** *Masdevallia ignea*

Positive effect: Liberating experience of EXPANSIVE embodiment, awareness of the light body radiating outward through matter and form.

Indications: Resistance to full embodiment. Perception that being in body is limiting, dense, uncomfortable, unwelcome.

Qualities: This essence is a blue print for light embodiment assisting with the process of full incarnation, bright with light of spirit; EXPANSIVE embodiment. Imagine your body full of tiny spaces so the light within you shines outwardly like the sun rays through clouds. Imagine seeing your light rays shining outwardly in every direction. The source is the infinite within you. As the energy channels open and flow in each and every cell, nerve, and synapse; between every atom and molecule imagine yourself like a prism which the light shines through. That which seems to be solid passes light.

