



Set 3 Descriptions

1. **Essence of the Edge** (Environmental Essence)

Positive effect: A sense of support while dealing with edge activities. The sense that you are not alone even if you are alone and pioneering where few others tread. Awareness at the sense of opportunity, creativity at the edge. Connection, camaraderie with those who have also had the courage and strong connection with their souls to venture to the edge and even help in expanding the manifest world. Comprehending the purpose of the edge in their lives at present. It is a safety net for those who are pushed to the edge of what they can do, understand, cope with, manifest. This is a tool and a reference point for unknown territory.

Indications : A sense of feeling at the edge of what can be tolerated or dealt with. Feeling edgy, pushed too far. Feeling suicidal, as though life is not worth the effort. When you feel the need for sense of safety while pushing through your limitations and moving toward more rewarding life experiences. When the karma feels intensely unpleasant to deal with, yet it must be, knowing in the end things will be better.

Qualities: The Essence of the Edge is for those who are doing their work at the cutting edge. It is for comprehending the edge as it has always been in their lives, honing them for their destinies from the earliest times in their lives. It is for comprehending the purpose of the edge in their lives at present. The Essence of the Edge is a gateway to all. The Edge is the abundance of infinity ripe and ready to be brought into form. This essence is a calling to experience shared consciousness; into a collective, to co-creation, to take the ignited spark and nurture it into form.

2. **Defining Edges** Brassia arcuigera

Positive effect: Creating very well defined ideas. Clarity in communication. Clarity in defining boundaries while maintaining good rapport. Defining Edges can transform confusion into cohesion, assist in creating form from the formless void of limitless potential. Discovering the unchanged, cohesive being that persists within the variations of life year after year.

Indications : Useful for assisting with the individuation process between parents and children, spouses, friends and wherever people are in close contact and the boundaries become undefined. "Not knowing who you are"; giving or demanding more than can be given or should be asked; lack of balance and consequent confusion of boundaries.

Qualities: This essence is a blueprint for being in form with definition without creating separation. In form it is good to know your edges as this leads to clarity. Boundaries and edges are an intention, an inherent function of manifest form. New creations of any sort come out of the undefined cosmic realm of all possibilities. Bit by bit intention, attention and focus function to define form. When an idea is well defined it is crystal clear, it penetrates perception like an arrow. When form is defined it is able to express the organization that creates defined patterns.

3. **Unveiling Self** Oeonia volucris

Positive effect: Strength and power in finding that true being behind the veils of experience and ego; are you your job, your name, your emotions, your actions, your relatives? You are not.

Indications: Anxiety and tension, stress of daily life internalized. Loss of sense of self; newly exploring

life below the surface appearances. Good ally in self awakening, deeper experience of self during action, dreaming, journey work, meditation.

Qualities: True Self in form recognizing Self beyond and within form and still in oneness, seeing into the illusion of the five senses. Ego bows, is not separate yet feels in awe of its own true Self. I acknowledge thee in me, my eyes look inward perceiving the glory that I am. Un-blinded are my eyes as I know my true radiance. I was here all along for me but didn't know to open in this way. The door now appears and I enter. I in my absolute state have been here all along. I only needed to see the door.

4. **Gossamer Steel / Enduring Love** Phalaenopsis Texas Star x P. Brother Delight

Positive effect: Opens the heart to higher vibrational octaves of love, to which it is naturally attracted. Expansive, enveloping energy field develops between couples who use this essence together seeking to enhance the intention of love holding strong despite circumstances. Assistance in developing awareness of how to nurture love, to play the role of a gardener in nurturing love to blossom forth into full flower.

Indications : When loving relationship don't seem sustainable. For those who feel isolated from those they love, isolated within themselves even while in the midst of loving abundance. For those who feel ready to open their hearts to higher energies. When love between people has been treated carelessly.

Qualities: This essence will open the heart to higher octaves of love by bringing one into the energies of the higher octaves, then the heart will know these frequencies, become imprinted with them and their resonance's. These octaves can be accessed again and again with the essence until the heart knows the song of the essence by heart and can sing these octaves without assistance.

Love is sustainable. Often care is not taken to mindfully cherish matters of the heart, the heart is exposed to the crass, the careless which often breaks down caring bonds. Love is the essence of all that is. It gathers in clusters of energy that manifest in ways such as beauty, heart light, smiles, hugs, babies, flowers...

5. **My Own Pure Light** Paphiopedilum Eagle Peak x Paphiopedilum niveum

Positive effect: Embraces the darkness with light. Focuses the light from within and brings it forth into the ego. It is like turning the light switch on.

Indications: Anxiety, terror, fear. Lacking sense of inner light, inner divinity.

Qualities: Purification is "being" the light without restricting the flow. Embrace the darkness as it aches to be released from the body's cells, from the psyche's perceptions, from the experiential matrix that expresses the human ego as it has been molded by your experience. Life has had its traumas; the light embraces all that is, and never is diminished. You are what you focus on. Focus in the light where you embrace all of yourself, this is the act of self love.

"The struggle is gone and I am light".

6. **My Heart Knows** Paphiopedilum tonsum

Positive effect: Acceptance of what is. Knowing how, and how much, to do or say as situations arise and diminish. Assists in developing inner grace.

Indications: Feeling awkward, insecure, uncertain, ungainly, lack of discernment, impatience.

Qualities: Grace is the quality of fitting actions to the circumstances of the moment: knowing in your heart what to do, and when. Life's measure and tempo change all the time; the ego has its preconceived notions of the desirable and the repellent.

Grace does not recognize either one, but instead works with what is. Therein is also the essence of patience, of following what the heart of hearts knows to be true instead of the ego's ephemeral wishes. Grace and patience in this sense also lead to bravery, the acceptance of one's weaknesses and the expres-

sion of one's strengths; and from there, to connection with others in borrowing their strengths and lending one's own, always, always as appropriate.

7. **Heart Wings** Psychopsis papilio (This essence is used in Mackie's of Scotland frozen dessert Vibrant.)

Positive effect: Uplifting and light hearted. Expanding perceptions as though viewing life upon the wings of a bird soaring high above the earth. Expansive focus. Joy. These are flying lessons.

Indications: Feeling heavy hearted, depressed, have a burdened perspective of daily life, and life in general.

Qualities: Soaring high in greater perspective to know the daily life is but the steps to our playing with the greater whole. Keep sight of the vast while dealing with the now. See with my lofty eyes which release you from overly grounded focus.

Perspectives of spirit are unburdened. Soar above all, change the views you see and perceive, change the meanings, as they can be changed at any time; be not bound by anything limiting. Let your heart fly with the energies of this essence, let the wings of your heart lift you. Just let it happen day by day, bit by bit, after a while you will look back and clearly see and feel the changes, the opening of your heart.