



Set 2 Descriptions

1. **Clearing Inner Pathways** *Aeranthes henrici*

Positive effect: Clarity within your internal systems of communication, be they cellular, neural, or energetic. Preparedness for that which comes next in life. Expanding clarity.

Indications: Energies not flowing well within. The Inner light and intentions don't translate well throughout, lack of follow through on intentions. The need to prepare for the next phase.

Qualities: I am the explorer into all the pathways of internal communications within. I clear the channels within you for the strong vibrations' movements through your all of your bodies. My subtle light penetrates and prepares the internal communication paths for enlightenment. Consider this essence to be like a vibrational rotorooter, (a tool that cleans tree roots from pipes in the ground) clearing the passages for clearer images, imagination, for light to travel internally on the pathways. You will notice the difference with your expanding clarity, how those inklings will be able to come through very clearly.

2. **Clearing Blockages** *Phragmipedium caudatum*

Positive effect: Energy rising, clearing resistance in energetic and physical pathways, to allow fluidity and flexibility on all levels. Sense of well being and relaxation.

Indications: Feeling stuck. Resistance to change. Tension, cramping, boredom, mental or physical stiffness; the need for removal of useless old habits.

Qualities: Energy rising, clearing resistance embodied in joints, to create new flexibility on all levels, but clearing first through the body's blueprint. Pulsating up the spine the energy pressure is like an artesian well and where there is injury, blockage, resistance. There will be the push, the pressure of the flow just as the pressure is felt in a geyser, debris gets blown out. The clearing will spread outward from the areas where resistance was held and it will be felt as a spreading release in the surrounding areas into relaxation and ease.

3. **Radiant Strength** *Phragmipedium besseae*

Positive effect: Strong inner glow, aura strengthening, good to use in meetings so as to feel confident from inner strength.

Indications: Fear of revealing one's natural inner radiance, after trauma that causes diminished strength or will, feelings of low self esteem.

Qualities: This essence supplies the blueprint for radiance. For those who have lived a lifetime afraid of being seen as the radiant, unique and powerful beings they truly are. For those who are so good at hiding their radiance that now it is time to be so, they cannot completely show themselves. You've been doing your work and now it is time to fully glow and to glow with absolute radiance that expresses you through the physical. The stronger your glow the safer you are as you strengthen your energy field by the radiance of your boundless self.

4. **Centered Love** *Bollea coelestis*

Positive effect: Opening the heart chakra is a powerful act when performed fully. For use with those whom you love best already.

Indications: Communication that comes from the mind and not the heart causing pain to self and others. Lovelessness, inability to engage the heart in life's activities.

Qualities: This essence embodies the blueprint for heart centered love. A good essence to use when you want communications to come through the heart. This essence will facilitate shifts in the heart which may open one to exploring new relationships and new levels of relationships.

5. **Reading Energy Fields** *Angraecum sesquipedale*

Positive effect: Accessing consciously the information that is in ones energy field and the greater fields all about us.

Indications: Obscure states of discord; feeling "out of sorts". Also, to be used to investigate your own energies.

Qualities: When auras blend information is exchanged; you can use this essence to read your own energy field. Whatever others have been expressing or holding onto, you have picked it up. It will increase your ability to interpret the information you pick up in your energy field.

6. **Reveals Mystery Within** *Aeranthes grandiflora*

Positive effect: Release from the bondage of limiting thoughts. Open to the mysteries of the authentic self. Connection to the masculine principle within; in men, a source of natural strength; in women, of mystery and power.

Indications: Thoughts have become like inner bondage. Dissatisfaction that life has grown too common and ordinary; the uncommon and extraordinary, and the ability and will to manifest them, are found within.

Qualities: This essence is an invitation to explore the inner mysteries of the self where greater integration takes place; where instead of ego being left behind it is brought along on the journey of the spirit, and soul. When I let go of my thoughts and follow my heart I can see anew. In essence I have gone into the etheric energies of the heart of the flower where I can meet it with the heart of myself. I want all of me to come into this place of inner mystery.

7. **Walking out of Patterns** *Rhyncholaelia digbyana*

Positive effect: Walking out of the steps of old emotional patterning. Ability to interpret, distinguish feelings, thoughts, their meanings. The reverse of Reveals Mystery Within; for men, mystery; for women, natural strength.

Indications: Stuck in the past. Inability to shed emotional patterns developed early in life. For confusion about life's path, especially confusion about emotional categories or patterns that don't seem to correspond to actual feeling.

Qualities: This essence is for walking out of the rhythms of old emotional patterning. Feel with the heart, and come into alignment with the soul's purpose. The challenges of life are great and many and it can be easy at times to become disheartened. The strength of the soul is the juice that fills the being within.

